



Carvers prepared this list with the most current ingredient information available from our food suppliers. Please be aware that during kitchen operations, shared preparation areas may occur, and the possibility exists for food items to come in contact with other food products. For Corn Allergies. We highly recommend those with food allergies consult a manager upon delivery of this list. We proudly offer 100% GF Grilled Items in a 100% MSG-Free and 100% Peanut-Free environment!

















































Bullhead means that ingredient is present. Has allergy! Don't consume!



































| | GLUTEN | NUTS | DAIRY | EGG | GARLIC | ONIONS | SOY | CORN |
|------------------------------|--------|------|-------|-----|--------|--------|-----|------|
| APPETIZERS | | | | | | | | |
| Cinnamon Glazed Bananas | | | | | | | | |
| Bread | | | | | | | | |
| Pao de Queijo - Cheese Bread | | | | | | | | |
| Yucca | | | | | | | | |
| DRINKS | | | | | | | | |
| Coconut Juice | | | | | | | | |
| Guaraná | | | | | | | | |
| Limonada | | | | | | | | |
| Fresh Limeade | | | | | | | | |
| Pina Colada | | | | | | | | |
| Acai Batida | | | | | | | | |
| DESSERTS | | | | | | | | |
| Carvers Gateau | | | | | | | | |
| Cheesecake | | | | | | | | |
| Merengue | | | | | | | | |
| Pudim de Leite | | | | | | | | |
| Rabanada | | | | | | | | |
| Acai Bowl | | | | | | | | |

GRILLED ITEMS

| | | | | | | | | |
|-------------------------------|--|--|---|---|--|---|---|---|
| Beef, Brisket | | | | |  |  | | |
| Beef, Rib-Eye | | | | | | | | |
| Beef, Garlic | | | | |  |  | | |
| Beef, Top Sirloin | | | | | | | | |
| Beef, Tri-Tip | | | | | | | | |
| Chicken, Hearts | | | | |  | |  | |
| Beef, Flap | | | | | | | | |
| Chicken, Sweet & Spicy | | | | |  |  |  |  |
| Chicken, with Bacon | | | | | | | | |
| Lamb | | | | | | | | |
| Pineapple, Glazed | | | | | | | | |
| Pork, Glazed Ham | | | | | | | | |
| Pork, Sausage | | |  | |  | | | |
| Beef, Parmesan | | |  |  |  |  |  | |
| BBQ Pork Ribs | | | | | | | | |
| Shrimp | | | | |  | | | |
| Beef, Bacon Wrapped | | | | | | | | |
| Beef, Bottom Flap - Fraldinha | | | | | | | | |
| Beef, Whole Sirloin | | | | | | | | |

SALAD BAR

| | | | | | | | | |
|-----------------------------|-------------------------------------|---|---|---|--|---|---|---|
| Asparagus | | | | | | | | |
| Beet & Carrots | | | | | | | | |
| Alines Potato Salad | | |  | | | | | |
| Caesar Salad | | |  | | | |  | |
| Ceviche, Fish or Shrimp | Contains shellfish and/or fish oils | | | |  |  |  | |
| Corn Salad | | | | |  |  |  |  |
| Cucumber, Greek Salad | | | | | | | | |
| Dressing Sweet Mustard | | |  | | | | | |
| Dressing, Caesar | Contains fish oil | | | | | |  | |
| Dressing, Chimichurri Sauce | | | | |  |  |  | |
| Dressing, Italian | | | | |  |  |  | |
| Dressing, Ranch | |  |  |  |  |  |  |  |
| Dressing, Raspberry | | | | | |  |  |  |
| Dressing, Vinaigrette | | | | |  |  |  | |
| Fresh Mozzarella Salad | | |  | | | |  | |
| Fruit | | | | | | | | |
| Golden Beet Salad | |  | | | | |  | |
| Hearts of Palm | | | | | | | | |
| Hummus | | | | |  | | | |
| Marinated Quail Eggs | | | |  | | |  | |
| Mixed Greens | | | | | | | | |
| Pickled Beets | | | | |  | | | |
| Quinoa Tabbouleh | | | | |  |  |  | |
| BLT | | |  |  | | |  |  |

| | | | | | | | | |
|-----------------------------------|---|--|---|---|--|---|---|---|
| Rebecca's Salpicao | | |  |  |  |  |  |  |
| Seafood Pasta Salad |  | |  |  | |  |  |  |
| Aipim Manteiga - Soft Yucca | | | | | |  |  | |
| Arroz - Brazilian Rice | | | | |  |  |  | |
| Couve - Collard Greens | | | | |  |  |  | |
| Farofa - Seasoned Yucca Root | | | | |  |  |  | |
| Feijoada - Black Bean Stew | | |  | |  |  |  | |
| Pasta, Alfredo |  | |  | |  |  |  |  |
| Pure de Batata - Whipped Potatoes | | |  | | | | | |