



Carverss prepared this list with the most current ingredient information available from our food suppliers. Please be aware that during kitchen operations, shared preparation areas may occur, and the possibility exists. We recommend those with food allergies consult a manager upon delivery of this list. We proudly offer 100% GF Grilled Items in a 100% MSG-Free and 100% Peanut-Free environment!

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Bullhead means that ingredient is present. Has allergy! Don't consume

**APPETIZERS**


















































	GLUTEN	NUTS	DAIRY	EGG	GARLIC	ONIONS	SOY	CORN	CANOLA
Cinnamon Glazed Bananas									
Bread									
Pao de Queijo - Cheese Bread									
French Fries									
Coxinha									
Garlic Toast									
Yucca									










































**GRILLED ITEMS**

























	GLUTEN	NUTS	DAIRY	EGG	GARLIC	ONIONS	SOY	CORN	CANOLA
Beef, Rib-Eye									
Beef, Garlic									
Beef, Top Sirloin									
Beef, Tri-Tip									
Bison									
Chicken, Hearts									
Beef, Flap									
Chicken, Sweet & Spicy									
Chicken, with Bacon									
Lamb									


























SALAD BAR - COLD

	GLUTEN	NUTS	DAIRY	EGG	GARLIC	ONIONS	SOY	CORN	CANOLA
Alines Potato Salad									
Seafood Pasta Salad									
Caesar Salad									
Ceviche, Fish or Shrimp	Contains shellfish and/or fish oils								
Corn Salad									
Arugula & Feta Cheese									
Cucumber Salad									
Fresh Mozzarella Salad									
Fruit									
Hearts of Palm									
Marinated Quail Eggs									
Mixed Greens									
Beets Salad									
Quinoa Tabbouleh									
BLT									
Pickles									
Chicken Soup									
Kalamata Olive									
Tomate Balsamic									
Rebecca's Salpicao									












SALAD BAR - DRESSINGS									
	GLUTEN	NUTS	DAIRY	EGG	GARLIC	ONIONS	SOY	CORN	CANOLA
Dressing, Chimichurri Sauce									
Dressing, Italian									
Dressing, Ranch									
Dressing, Raspberry									
Dressing, Vinaigrette									
Aji pepper Sauce									
Roasted Garliz Aioli									
Dressing, Caesar	Contains fish oil								
Mint Jelly									
Roasted Garlic									
Tapenade									
Biquinho Pepper									
Mix Peppers									
Malagueta Pepper									
Pesto Sauce									
Olives									




DESSERTS									
	GLUTEN	NUTS	DAIRY	EGG	GARLIC	ONIONS	SOY	CORN	CANOLA
Carverss Gateau									
Cheesecake									
Merengue									
Pudim de Leite									
Rabanada									
Acai Bowl									



SALAD BAR - HOT									
	GLUTEN	NUTS	DAIRY	EGG	GARLIC	ONIONS	SOY	CORN	CANOLA
Arroz - Brazilian Rice									
Farofa - Seasoned Yucca Root									
Feijoada - Black Bean Stew									
Pasta, Alfredo									
Pot Roast									
Pure de Batata - Whipped Potatoes									
DRINKS									
	GLUTEN	NUTS	DAIRY	EGG	GARLIC	ONIONS	SOY	CORN	CANOLA
Coconut Juice									
Guaraná									
Carverss Limonada									
Fresh Limeade									
Pina Colada									














sts for food items to come in contact with other food products. For Corn Allergies. We highly

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VEGETABLE	OLIVE OIL	SOYBEAN	PALM OIL	SUNFLOWER
				
				
				
				
				






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